



Working at Heights Training

IHSA's *Working at Heights* training program is the gold standard in fall prevention training. Offered at locations across the province, the one-day *Working at Heights* program teaches workers how to recognize fall hazards and protect themselves from injury.

Visit ihsa.ca/training for more information.



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Services as unique as our members

IHSA is a leading developer and provider of prevention solutions for work environments involving high-risk activities such as working at heights, working with high-voltage electricity, driving motor vehicles, transporting dangerous goods, working on suspended access equipment, and hoisting and rigging.

Infrastructure Health & Safety Association

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Working at Heights and Fall Protection

*Important information for
industry workers and homeowners*



If you work at heights:

- Always use fall protection that's in good working order—whether it's guardrails that prevent you from falling or a personal fall arrest system that stops you from hitting the ground if you fall.
- Complete fall prevention training before you start work—visit **ihsa.ca/training** for information on IHSA's *Working at Heights* training program.
- Know your right to refuse unsafe work and understand the legal working at height requirements.

Remember that falls are a main cause of workplace fatalities in Ontario. Protect yourself, follow the law, and keep your promise to return home safe every day.

If you hire a company or contractor to work at heights:

- Find out who will be the on-site supervisor and his or her qualifications.
- Confirm that the company has a valid WSIB Clearance Certificate by going to **wsib.on.ca** and using the e-Clearance online service.
- Stick around to see if workers control fall hazards with guardrails and safety equipment such as harnesses, lifelines, and anchor points.

Before you hire someone to do work on your home or cottage, ask them how they plan on doing the work safely.

If you know people who work at heights:

- Tell them not to take risks—it's never worth their life.
- Learn the safest way to get the job done by downloading information at **ihsa.ca**.
- Remind them of all the reasons you need them to come home safe at the end of each day.

Training is mandatory for people who work at heights in Ontario. Visit **ihsa.ca/training** to find out more.

